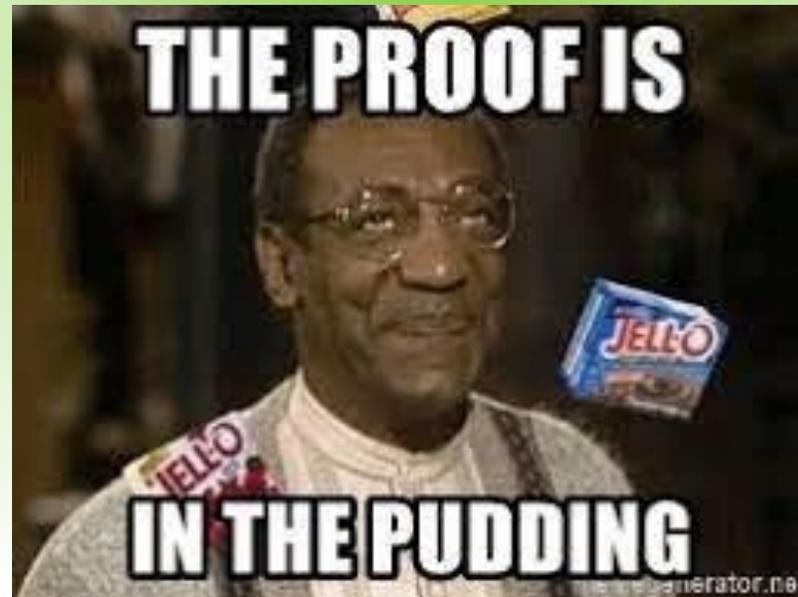


# The proof is in the pudding

(or "the proof of the pudding is in the eating")

*Meaning:* The best way to find out if something is good, true, right or successful is to test it yourself.





Abby: Ben, I just made the world's best fried chicken!

Ben: Well, let me try a piece! You know, the proof is in the pudding.

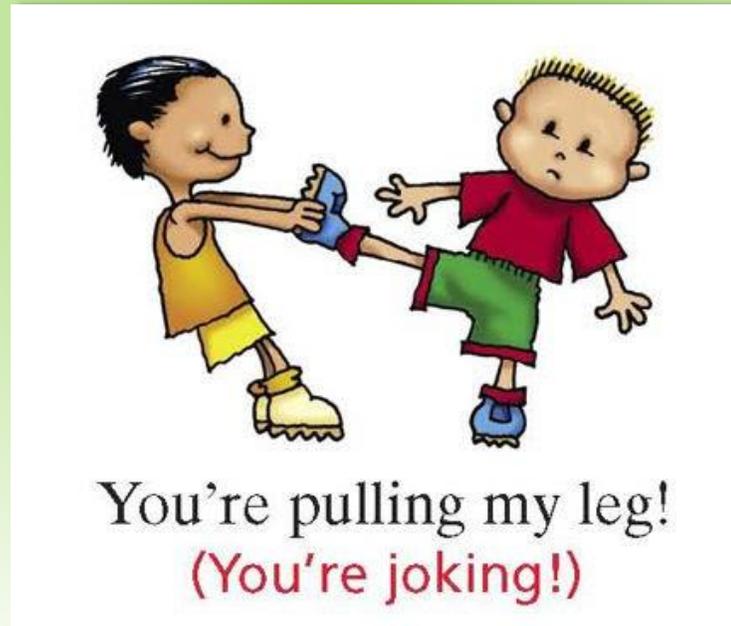
Bill: All right, team. This is it. We made the new website. Tomorrow we will see if it works.

Kate: We have worked so hard! I'm sure it will work!

Bill: I know you've all worked so hard, but the proof is in the pudding.

# Pulling my (your, his, her) leg

*Meaning:* teasing someone, joking around, fooling or tricking someone in a humorous way.





Abby: Hey, Ben! I just saw that our favorite restaurant shut down!

Ben: Oh no! That's terrible.

Abby: Haha. I'm just pulling your leg. Actually, let's go there for dinner tonight!

Bill: Kate, I just spent two hours cleaning the whole bathroom. It looks amazing!

Kate: No way! I don't believe you. You're just pulling my leg.

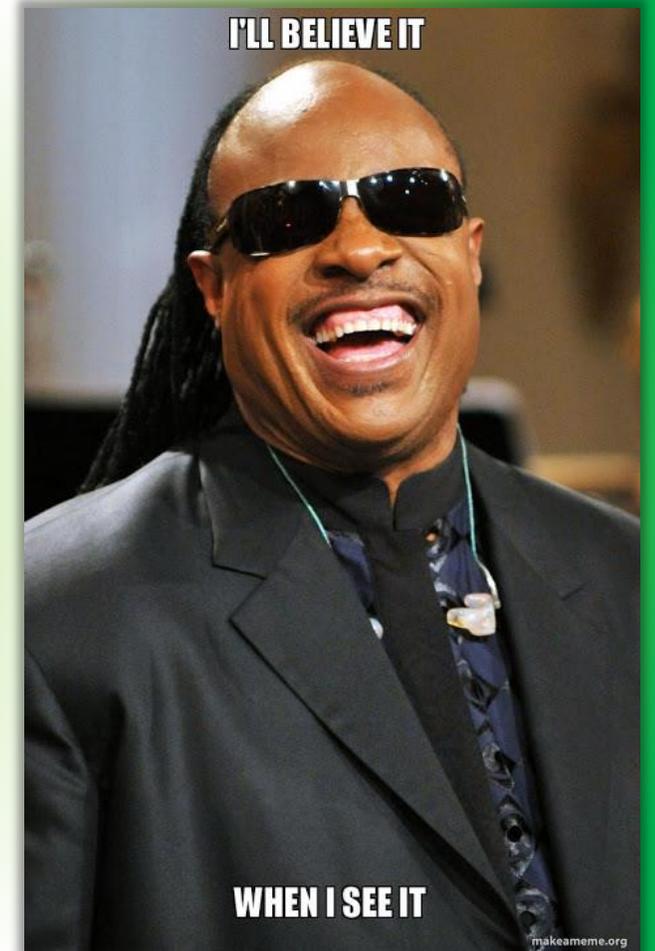
Bill: No, really. Come and see for yourself.

**When hell freezes over ...**

**When pigs fly ...**

**I'll believe it when I see it**

*Meaning:* something will never happen or is highly unlikely to happen.





Abby: Do you think the Chicago Cubs will win the World's Series this year?

Ben: When hell freezes over. The Cubs are the worst baseball team in America!

Bill: I think John is going to win the national barbecue contest next week.

Kate: Yeah, right. When pigs fly. John's barbecue stinks! Mary's is so much better!

Dan: Mary, I promise, I'm going to wake up early and study for that test!

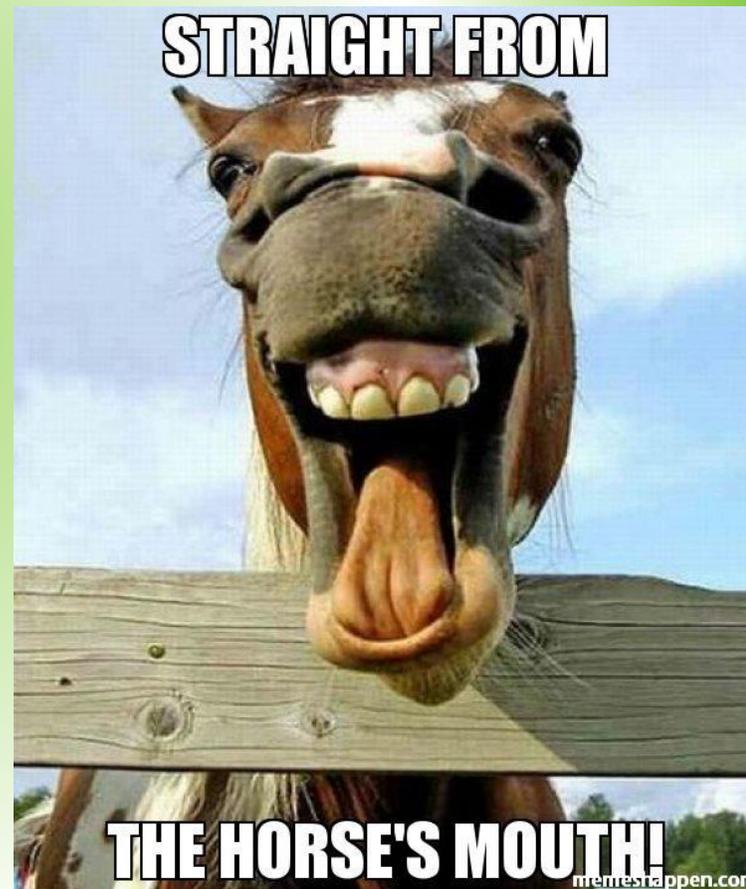
Mary: I'll believe it when I see it! You never wake up early.



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# Straight from the horse's mouth

*Meaning:* information received directly from the original source, “firsthand information”





Abby: *What are your parents doing for their vacation this summer? They've gone to that beautiful lake near their house for the last 40 years.*

Ben: *Not this time. Believe it or not, they're flying to New York City this year!*

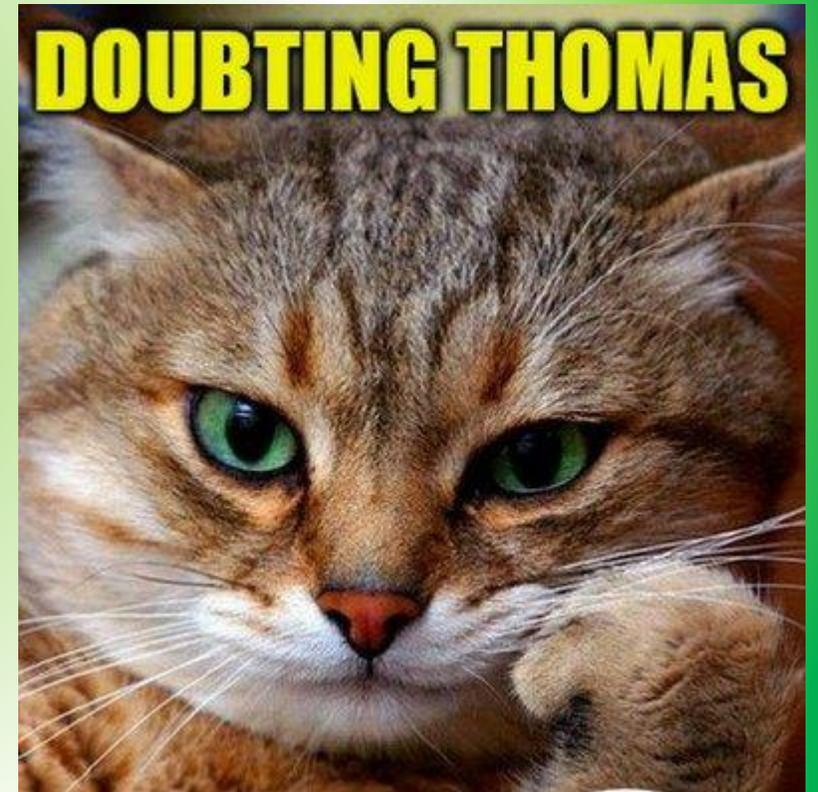
Abby: *No way. I don't believe it! They've never even been on an airplane!*

Ben: *I know, but they're flying there this summer! I heard it straight from the horse's mouth. They told me last night at dinner.*

Abby: *Wow! How exciting! I hope they have a great time.*

# Doubting Thomas

*Meaning:* a habitually doubtful person,  
a person who refuses to believe  
anything until they are given proof.





Bill: *Kate, I just got a new job as a principal for the top high school in our city!*

Kate: *You must be pulling my leg! I heard that 5000 people applied for that job! I want to see your acceptance letter.*

Bill: *You're just a doubting Thomas! I heard it straight from the horse's mouth! The school board president called me himself.*

Kate: *Well, I'll believe it when I see it!*

# “Doubting Thomas” is from the Bible

"Now Thomas, one of the twelve, called the Twin, was not with them when Jesus came. So the other disciples told him, "We have seen the Lord."  
But he said to them, "Unless I see in his hands the mark of the nails and place my finger into the mark of the nails, and place my hand into his side, I will never believe." John 20:24-25

十二个门徒中，有一个称为“双生子”的多马。耶稣来的时候，他没有和门徒在一起。其他的门徒对他说：“我们已经见过主了。”多马对他们说：“除非我亲眼看见他手上的钉痕，用我的指头探入那钉痕，又用我的手探入他的肋旁，我决不相信。”  
约翰福音 20:24-25



"Eight days later, his disciples were inside again, and Thomas was with them. Although the doors were locked, Jesus came and stood among them and said, "Peace be with you."

Then he said to Thomas, "Put your finger here, and see my hands; and put out your hand and place it in my side. Do not disbelieve but believe." John 20:26-27

过了八天，门徒又在屋子里，多马也和他们在一起。门户都关上了。耶稣来了，站在他们中间，说：“愿你们平安。”然后对多马说：“把你的指头放在这里，看看我的手吧！伸出你的手来，探探我的肋旁！不要疑惑，只要信！”

约翰福音 20:26-27



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"Now Jesus did many other signs in the presence of the disciples, which are not written in this book; but these are written so that you may believe that Jesus is the Christ, the Son of God, and that by believing you may have life in his name."

John 20:30-31

耶稣在门徒面前还行了许多别的神迹，没有记在这书上。但把这些事记下来，是要你们信耶稣是基督，是神的儿子，并且使你们信了，可以因他的名得生命  
约翰福音 20:30-31



For I delivered to you as of first importance what I also received: that Christ died for our sins in accordance with the Scriptures, that he was buried, that he was raised on the third day in accordance with the Scriptures, and that he appeared to Cephas, then to the twelve. Then he appeared to more than five hundred brothers at one time, most of whom are still alive, though some have fallen asleep.

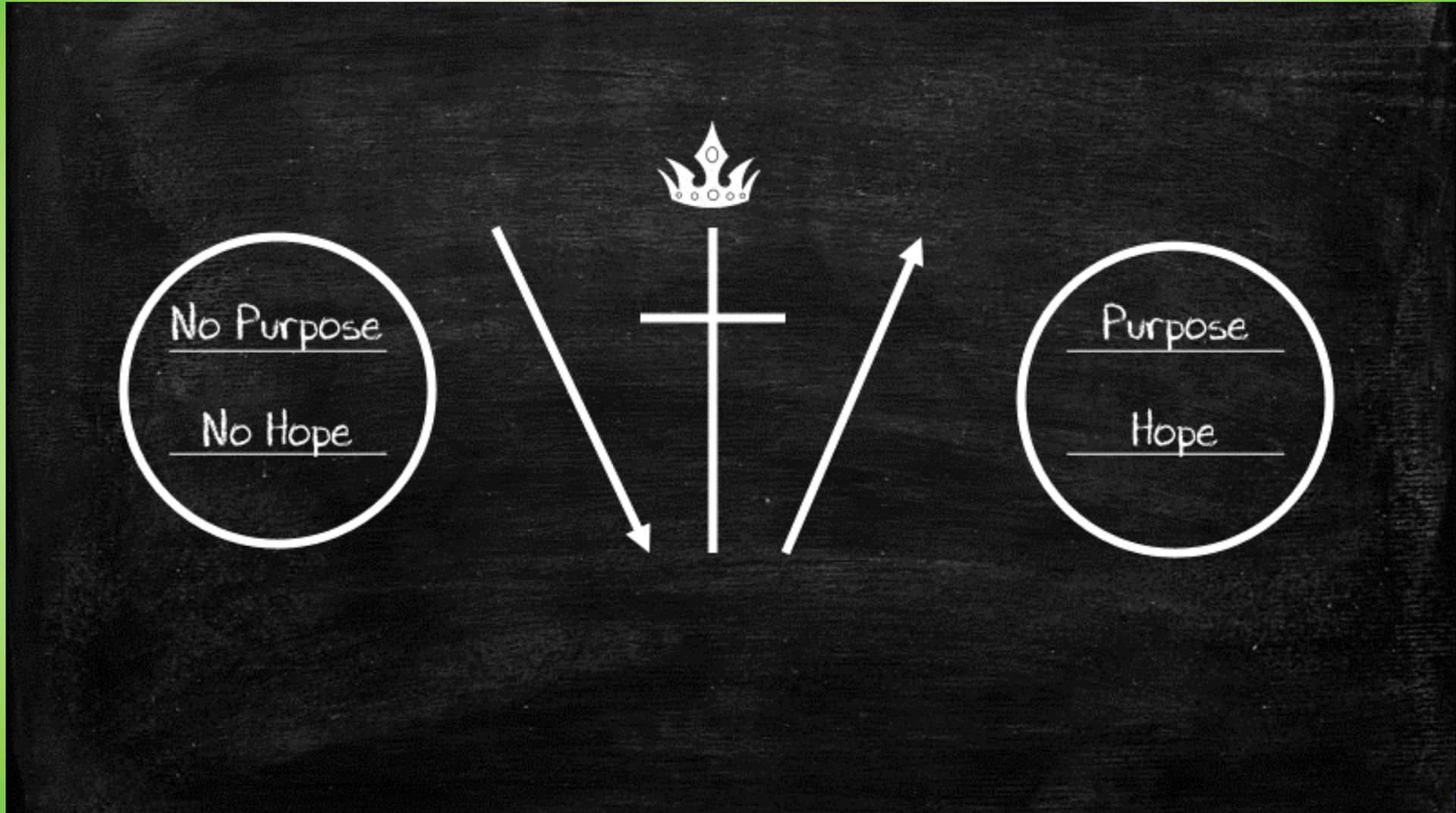
1 Corinthians 15:3-6

我从前领受了又传交给你们那最要紧的，就是基督照着圣经所记的，为我们的罪死了，又埋葬了，又照着圣经所记的，第三天复活了；并且曾经向矶法显现，然后向十二使徒显现。以后又有一次向五百多个弟兄显现。他们中间大多数到现今还在，也有些已经睡了。哥林多前书 15:3-6



For we did not follow cleverly devised myths when we made known to you the power and coming of our Lord Jesus Christ, but we were eyewitnesses of his majesty. 2 Peter 1:16

我们从前把我们主耶稣基督的大能和降临的事告诉你们，并不是随从巧妙捏造传奇的故事，我们却是亲眼看见过他威荣的人。彼得后书 1:16





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